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Ο Μάριος Αργυρίδης είναι Επίκουρος Καθηγητής Συμβουλευτικής Ψυχολογίας στο Πανεπιστήμιο Νεάπολις Πάφου και Εγγεγραμμένος Ψυχολόγος στο Μητρώο Επαγγελματιών Ψυχολόγων Κύπρου. Κατέχει Διδακτορικό στη Συμβουλευτική Ψυχολογία από το Tennessee State University και Μάστερ στην Κλινική Ψυχολογία από το University of South Alabama, των ΗΠΑ. Εργάστηκε ως Λέκτορας στο Tennessee State University και ως Ειδικός Επιστήμονας σε διάφορα κρατικά και ιδιωτικά πανεπιστήμια της Κύπρου. Επίσης, εργάστηκε σε διάφορα συμβουλευτικά κέντρα πανεπιστημίων του εξωτερικού (Florida State University, Vanderbilt University, University of South Alabama, Tennessee State University). Έχει διεθνείς δημοσιεύσεις και πάνω από 50 παρουσιάσεις σε διεθνή συνέδρια. Έχει συμμετάσχει σε διάφορα ερευνητικά προγράμματα στις ΗΠΑ. Είναι μέλος του Συνδέσμου Ψυχολόγων Κύπρου και του American Psychological Association. Είναι επίσης Βοηθός Συντάκτης (Associate Editor) στο European Journal of Counseling Psychology. Τέλος, είναι ο υπεύθυνος ψυχολόγος του εθελοντικού οργανισμού MediCleft, που ασχολείται με άτομα με σχιστίες και κρασιοπροσωπικές ανωμαλίες.

## ΕΡΕΥΝΗΤΙΚΑ ΕΝΔΙΑΦΕΡΟΝΤΑ

Τα κυριότερα ερευνητικά του ενδιαφέροντα επικεντρώνονται στη σχέση της σωματικής αυτοεικόνας και των μέσων μαζικής επικοινωνίας με τις διαταραχές πρόσληψης τροφής, τις δυσμορφίες του σώματος και τις ψυχοσυναισθηματικές τους συνέπειες και στις διαπολιτισμικές αντιλήψεις όσον αφορά την εθνική ταυτότητα, το ρατσισμό και την επιθετικότητα.

## ΔΗΜΟΣΙΕΥΣΕΙΣ (2012-2018)

### Μονογράμματα

1. Argyrides, M.B. (2018). *Divorce: A Parents' Manual for Appropriately Announcing and Handling their Divorce*. Thymari Publishing.
2. Argyrides, M.B. (2014). *On the Cover: Media Influences, Body Image and Disordered Eating in European Youth*. European Confederation of Youth Clubs.

### Άρθρα σε Επιστημονικά Περιοδικά με Κριτές

1. Alexi, N.A., Moore, K.A., & Argyrides, M. (2017). Openness to help-seeking for mental illness among Greek-Cypriots. *Health Promotion International*, 2017, 1-9. doi: 10.1093/heapro/dax040
2. Argyrides, M., & Sivitanides, M. (2017). Body image, self-esteem, media, disordered eating and actual ideal weight discrepancy: findings in Cyprus. *European Journal of Counselling Psychology*, 6 (1), 63-74.

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3. Moore, K.A., Alexi, N.A., & Argyrides, M. (2016). Psychometric properties of the Center for Epidemiological Studies-Depression Scale (CES-D) – Greek Version. *Hellenic Journal of Psychology*, 13, 74-87.
4. Argyrides, M., & Kkeli, N. (2015). Validation of the factor structure of the Greek adaptation of the Situational Inventory of Body-Image Dysphoria – Short Form (SIBID-S). *Eating and Weight Disorders – Studies on Anorexia, Bulimia and Obesity*, 20 (4), 491-496. doi: 10.1007/s40519-015-0194-z
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9. Argyrides, M., & Kkeli, N. (2013). Multidimensional Body-Self Relations Questionnaire-Appearance Scales: Psychometric Properties of the Greek version. *Psychological Reports*, 113, 885-897. doi: 10.2466/03.07.PR0.113x29z6
10. Argyrides, M. (2013). Ethnic identity, person perception and racism: A decade of changes in Cyprus. *Hellenic Journal of Psychology*, 10, 78-101.

### *Κεφάλαια σε Συλλογικούς Τόμους*

1. Argyrides, M.B., Kkeli, N., & Koutsantoni, M. (2016). The prevalence of eating disorders in Europe. In N. Columbus (Ed.), *Eating Disorders: Prevalence, Risk Factors and Treatment Options* (pp. 1-20). New York: Nova Science.
2. Argyrides, M.B., & Ioannou, Ch. (2016). Eating Disorders in Sports and Athletes. In N. Columbus (Ed.), *Eating Disorders: Prevalence, Risk Factors and Treatment Options* (pp. 21-36). New York: Nova Science.
3. Argyrides, M.B. (2018, in press). Counseling Minorities (Multicultural Counseling with minorities and other marginalized groups). In C. Athanasiadou (Ed.), *Counseling Psychology: Research and Applications*. Athens: Gutenberg.
4. Argyrides, M.B., Kkeli, N., & Koutsantoni, M. (2015). Body Image, Sociocultural Influences and Self-Esteem: The Case of Cyprus. In R. Vargas (Ed.), *Body Image: Social Influences, Ethnic Differences and Impact on Self-Esteem* (pp. 77-95). New York: Nova Science.

### *Προεδρεύων/Συντονιστής Συμποσίου σε Συνέδρια*

1. Argyrides, M. (2017, May). Body Image and Media Influences: A life span approach to age and culturally diverse populations. Symposium presented at the 16th Conference of the Greek Psychological Society, Thessaloniki, Greece.
  - a. Alexiou, E., & Argyrides, M. (2017, May). Satisfaction with specific body parts across the life span. Paper presented at the 16th Conference of the Greek Psychological Society, Thessaloniki, Greece.
  - b. Angelidou, A., Emmanouilidou, G., & Argyrides, M. (2017, May). Further findings on body-image of people with physical disability in Greece. Paper presented at the 16th Conference of the Greek Psychological Society, Thessaloniki, Greece.
  - c. Ioannou, C., & Argyrides, M. (2017, May). Body Image, self-esteem and media influences across the life-span: Does something change? Paper presented at the 16th Conference of the Greek Psychological Society, Thessaloniki, Greece.
  - d. Ranti, K., Soumpli, K., & Argyrides, M. (2017, May). Body image differences between normal weight and overweight/obese individuals over 40 years old. Paper presented at the 16th Conference of the Greek Psychological Society, Thessaloniki, Greece.
2. Argyrides, M. & Lamprianou, G. (2016, November). Physical disability, socioeconomic status and parental bonding: the influences on body image self-esteem and disordered eating. Symposium presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.

- a. Siafakas, D., Siakalli, M. & Argyrides, M. (2016, November). Risk factors of the development of eating disorders in low socioeconomic status adolescents. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
  - b. Aggeli, M., Ioannou, C., Lamprianou, G., & Argyrides, M. (2016, November). Parental Bonding, disordered eating, body image and self-esteem across different age groups. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
  - c. Ioannou, C., Lamprianou, G., & Argyrides, M. (2016, November). Childhood memories, body image, dysfunctional eating habits and self-esteem. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
  - d. Angelidou, A., Emmanouilidou, G., & Argyrides, M. (2016, November). Body-image of people with physical disability in Greece. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
3. Argyrides, M. & Lamprianou, G. (2016, November). Body Image, disordered eating, media influences and sexuality across different cultural groups. Symposium presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
    - a. Ranti, K., Soumpli, K., & Argyrides, M. (2016, November). Psychosocial influences on body image in individuals over 40 years old: Gender differences. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
    - b. Economidou, C. X., & Argyrides, M. (2016, November). Predictive Factors of Dysfunctional Eating Habits among Overweight/Obese Boys and Girls. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
    - c. Antoniou, A., & Argyrides, M. (2016, November). Exploring the perceptions of parents of persons with intellectual disabilities in respect to employment and sexuality issues. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
    - d. Argyrides, M., Siakalli, M., Kotikas, M., & Demosthenous, M. (2016, November). Psychosocial influences of adolescents with high levels of internalization of the athletic ideal. Paper presented at the 6th Panhellenic Conference of Counselling Psychology, Athens, Greece.
  4. Argyrides, M. (2015, May). Body Image, Media Influences and Disordered Eating in Adolescents in Cyprus: New Data. Symposium presented at the 15th Conference of the Greek Psychological Society, Nicosia, Cyprus.
    - a. Alexiou, E., & Argyrides, M. (2015, May). Eating habits of adolescents in Cyprus. Paper presented at the 15th Panhellenic Conference of Psychological Research in Nicosia, Cyprus.
    - b. Sivitanides, M., & Argyrides, M. (2015, May). The actual-ideal weight discrepancy as a predictive factor for adolescents' problems. Paper presented at the 15th Panhellenic Conference of Psychological Research in Nicosia, Cyprus.
    - c. Pepetsios, G., & Argyrides, M. (2015, May). Gender differences of risk factors for the development of eating disorders. Paper presented at the 15th Panhellenic Conference of Psychological Research in Cyprus, Nicosia.
    - d. Christodoulidou, K., & Argyrides, M. (2015, May). Age as a factor of influence on physical appearance, self-esteem and the development of eating disorders. Paper presented at the 15th Panhellenic Conference of Psychological Research in Nicosia, Cyprus.

### *Συμμετοχή σε Ερευνητικούς – Επιστημονικούς Φορείς και Δίκτυα*

- ❖ Σύνδεσμος Ψυχολόγων Κύπρου
- ❖ Σύνδεσμος Ψυχολόγων Αμερικής
- ❖ European Journal of Counseling Psychology – Appointed Associate Editor
- ❖ COST European Action CA16234 - European Cleft and Craniofacial Initiative for Equality in Care (2018-2022)
- ❖ COST European Action IS1210 - Appearance matters: Tackling the physical and psychosocial consequences of dissatisfaction with appearance (2013-2017)

- ❖ Act Now - A training program development for healthcare professionals to use the principles of acceptance and commitment therapy (ACT) – Erasmus+ Partner