

Academic Personnel Short Profile / Short CV

University:	NEAPOLIS PAFOS
Surname:	REPPA
Name:	GLYKERIA
Rank/Position:	LECTURER
Faculty:	SOCIAL SCIENCES, ARTS AND HUMANITIES
Department:	PHSYCOLOGY
Scientific Domain: *	EDUCATIONAL PSYCHOLOGY

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2015	National and Kapodistrian University of Athens (with scholarship)	PHISICAL EDUCATION & SPORTS SCIENCES	THE EFFECT OF CREATIVE MOVEMENT AND IMPROVISED GAME ON PHYSICAL ACTIVITY SELF-EFFICACY AND ON INTRINSIC MOTIVATION IN 4TH GRADE PRIMARY SCHOOL STUDENTS
M.A. in Education (sciences)	2009	Roehampton University UK	EDUCATIONAL SCIENCES	
Msc in Sports Science	2004	Loughborough University, UK	SPORTS SCIENCE	
Master in Educational phycology	2024	University of Neapolis Pafos CY	PHYCOLOGY	

Bachelor	2018	EUROPEAN UNIVERSITY OF CYPRUS	DEPARTMENT OF PSYCHOLOGY, SOCIAL & BEHAVIORAL SCIENCES	
Bachelor	2003	National and Kapodistrian University of Athens	PHISICAL EDUCATION & SPORTS SCIENCES	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
07/2020	Today	Neapolis University of Cyprus	Cyprus -Paphos	Lecturer
01/2019	06/2020	Hellenic Open University	Greece - Patra	Adjusted Teaching Staff (ATS) /supervisor of master thesis
10/2016	Σήμερα	Aegean University	Greece -Rhodes	External Scientific Teaching Staff

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	Mindfulness in Education.	Michael, K.	IGI Global	https://doi.org/10.4018/979-8-3693-5325-7.ch007	181-204
2	2025	Promoting entrepreneurial mindset in education and the	Chaidas, D.	IGI GLOBAL	https://doi.org/	53-78

		role of Motivation in compulsory education			/10.4018/979-8-3693-3100-2.ch003	
3	2025	The Contribution of Training to Employee Engagement for Successful ESG Strategy Implementation	Chatzimichailidou, P., Reppa, A., Karava, Z., Kanakaris, V., Serdaris, P.	IGI GLOBAL	https://doi.org/10.4018/979-8-3693-5981-5.ch003	59 -82
4	2024	Applying Positive Psychology in School Settings: Effectiveness and Challenges.	Michael, K., Ioannidou, L.	IGI GLOBAL	https://doi.org/10.4018/979-8-3693-8312-4.ch002	38-65
5	2023	Entrepreneurial education: An overview of alternative and effective school practices and actions in Cyprus and Greece educational system	Kazi, M., Charalambous, M., Athanasoula – Reppa, A.	<i>International Journal of Educational Administration and Policy Studies</i>	V.15 https://doi.org/10.5897/IJEAPS2022.0748	9-18
6	2023	The Impact of Self-efficacy on the Well-being of Primary School Teachers: A Greek-Cypriot Study	Mousoulidou, M., Tzovla, E., Koundourou, C. and Christodoulou A.	<i>Frontiers in Psychology</i>	Volume 14 - 2023 https://doi.org/10.3389/fpsyg.2023.1111111	1-10

					0.3389/psych.2023.1223222	
7	2021	The impact of Covid – 19 on the educational Process: The role of the school principal.	Charalamrous, C., Papadeimetriou, C. Athanasoula – Reppa, A., and Voulgari A.	<i>Journal of Education,</i>	Volum e 203, I ssue 3 https://doi.org/10.1177/00220574211032588	566-573
8	2021	Mindfulness Method: Learn how to enjoy your life (in Greek)		Monograph Papazisis publication (in Greek)	ISBN 978-960-02-3785-6	158
9	2017	The Effects of a Yoga and Mindfulness Techniques Program on the Prosocial Behavior and the Emotional Regulation of Preschool Children: A Pilot Study..		Educ Res Appl: ERCA-138	https://doi.org/10.29011/2575-7032/100038	
10	2015	The effect of a creative movement and improvised game (CMIG) intervention on the enjoyment of 4th grade students.	Theodorakou, K. .	Journal of Education and Human Development	Vol. 4, No. 1 DOI: https://doi.org/10.15640/jehd.v4n1a25	pp. 277-284

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Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
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** Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2022-2025	Body Image and Inclusive Physical Activity (BIIPA) – A psychological, educational and public health perspective for higher education.	Erasmus+. Project Code: KA220-HED-853FE10D. €250,000.	Research Team Member Partner.
2	2022-2025	Face Equality Training. Innovative training in the health, social and volunteering sectors that will empower people with disfigurements to overcome social and psychological challenges in everyday life.	Erasmus+. Project Code: 2022-1-NL01-KA220-VET00008. €250,000.	Research Team Member Partner

3	2020- 2021	Behavioural and emotional disorders of children and adolescents during the Covid_19 epidemic (In Greek)	Ministry of Health Greece	Research Team Member
4	2020- 2021	Effects of the COVID-19 pandemic on the quality of life of families and the psychosocial impact on the children of the Regional Unit of Arcadia. (In Greek)	Amaltheia Mental and Social Rehabilitation Center Ministry of Health Greece	Research Team Member and co-author
5	2017-2018	Challenges associated with the management of the school in conditions of economic crisis (in Greek)	University of CY	Assistant Researcher
6	2019 – Today	Mindfulness: dexterities for emotional Intelligence	University of Aegean	Academic Coordinator
7	2011-2013	Professional selections and labour market”. (in Greek)	University of CY	Assistant Researcher
8	2011-2012	Scientific program "Education of foreigners and repatriated students A.Π.2» (in Greek)	University of Ioannina &/European Union	Assistant Researcher
9	2007 – 008	Implementation of the pilot program "Greek as a second foreign language" through theatrical play and dance ' '(in Greek)	Center of intercultural studies University of Athens & European Union	Research Team Member
10	2004-2005,	Panhellenic Research "Promoting gender equality in transition from education to the labor market: counselling and career guidance actions with gender perspective" Creating educational programs for gender promotion (in Greek)	Aristoteles University of Thessaloniki & European Union (ΑΠΘ/ ΕΠΕΑΕΚ)	Research Team Member

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2020 - today	Neapolis University Pafos	Vice Coordinator of MSc. Educational Psychology	To Coordinate and organize the learning process of master
2.	2020 today	Neapolis University Pafos	Personal counsellor	To empower students in their learning progress and personal skills
3	2016 – today	<i>International journal of educational research</i>	Reviewer	
4	2010-today	<i>Journal of sport and health science</i>	Reviewer	To Evaluate manuscript for publication
5	2010- today	<i>Journal of medicine and medical science</i>	Reviewer	To Evaluate manuscript for publication

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
1	02/2018	Magna Cum Laude Highest distinction in the Graduation series 2nd number in the psychology degree from European University Cyprus	Rector & senate of European University of Cyprus
2	09/2017	2nd Prize for academic achievements during the fall semester in the psychology program of the European University Cyprus.	The Department of Psychology
3	05/2017	3rd Prize for academic achievements during the spring semester in the psychology program of the European University Cyprus	The Department of Psychology
4	05/2014	1st prize for academic achievements during the spring semester in the psychology program of the European University Cyprus	The Department of Psychology
5	10/2004	Prize for the voluntary work during the Olympic Games in Athens	By the President of the Olympic Games Committee Gianna Daskalakis
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**Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
1	10.5.2025	Invited from WELLBEINGR NPO to present the program: Growing Healthier Together for Mental health and Well-being Zappeion Megaron- Athens	Presentation the guidelines of the World Health Organization (WHO) in the Program: Growing Healthier Together for Mental health and Well-being Title of the event Schools that Care, Children That Flourish - The Holistic School for Mental and Learning Well-being
2	8/3/2025	Guest speaker Panteion University & Hellenic Psychological Association - Branch of Positive Psychology	Workshop of the topic: Mindfulness and Positive Psychology: A dynamic duo for the well-being of students.

3	2020 -2021	Volunteer psychologist - Mental Health Counselor	During the coronavirus period, I offered support services through Psychosocial Support Line 10306. Initiative of the Ministry of Health and the National & Kapodistrian University of Athens (NKUA) and the First Psychiatric Clinic of Aeginio University Hospital in Athens.
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