



Academic Personnel Short Profile / Short CV

University:	Neapolis University
Surname:	Tsitsas
Name:	George
Rank/Position:	Visiting Lecturer
Faculty:	Health Sciences
Department:	Psychology
Scientific Domain: *	

* Field of Specialization

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
BSc in Philosophy	1996	National and Kapodistrian University of Athens	Philosophy	
BSc in Psychology	2003	National and Kapodistrian University of Athens	Psychology	
Msc in Counselling Psychology	2001	City university London,Uk	Counselling and Psychotherapy	
PhD in Counselling Psychology	2009	National and Kapodistrian University of Athens	Psychology	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2002	Now	Harokopio University	Department of Dietetics,	Special Teaching Staff
2003	Now	National and Kapodistrian University of Athens	Department of Early Childhood studies, Athens	Visiting Lecturer

2015	Now	Neapolis University	Department of Psychology	Visiting Lecturer
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Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2019	Life Satisfaction, and anxiety levels among University Students	Nanopoulos, P., & Paschali, A	<i>C.E. (Creative Education),</i>	Vol.10 No.5,	947-961
2	2019	Θεωρία δεσμού και εφαρμογές στην ψυχοθεραπεία.		<i>Σύγχρονες Ψυχοθεραπείες στην Ελλάδα. Εκδόσεις Ασημάκη.</i>		
3	2018	Greek Teachers' Attitude towards Multiculturalism: Psychometric Properties of the Teacher Multicultural Attitudes Survey Scale (TMAS).	Athanasopoulou, A, Psalti, A. , Yotsidi, V. and Kounenou, K.	<i>Creative Education,</i>	9,	2525-2533
4	2018	The Psychometric Properties of the Counselor Burnout Inventory in Greek School Counsellors.	Kounenou,K, Gkemisi, S, Nanopoulos, P,	<i>Journal of Psychologists and Counsellors in Schools,</i>	28,1,	33-54.
5	2017	Active Empathic Listening Scale (AELS): Reliability and Validity in a Nationwide Sample of Greek Educators.	Kourmousi, N.; Kounenou, K.; Yotsidi, V.; Merakou, K.; Barbouni, A.; Koutras, V.	<i>Soc. Sci,</i>	6	113
6	(2017).	How Personality Traits Relate to the Self-esteem of Greek		<i>Journal of Pedagogic Development,</i>	7,3,	1

		Children and Adolescents with Dyslexia.				
7	2015	Integrative Systemic Cognitive Therapy for Anorexia (I.S.C.T.-A): A Case Study.	Christodoulaki, M.	<i>Pluralism in Psychiatry</i> World Psychiatric Association. Medimond Publishing.		
8	2015	School Effects on Adolescent Substance Use: Prevention through Interactive and Social Learning Strategies.,	Stefanidi, E.,	<i>Creative Education</i>	6,	501-518.
9	2014	A Cognitive-Behavior Therapy Applied to a Social Anxiety Disorder and a Specific Phobia, Case Study. ,	Paschali, A.	<i>Health psychology research</i>	2(3),	1603.
10	2014	. Η αλληλεπίδραση ατομικών και σχολικών παραγόντων σε σχολικό πολυπολιτισμικό περιβάλλον: προεκτάσεις σε θέματα συμβουλευτικής.	Παπαστυλιανού Α., Γιοβαζολιάς Α	Μ. Μαλικιώση & Α. Γιοβαζολιάς (Επιμ.). <i>Συμβουλευτική Ψυχολογίας: Εφαρμογές και προκλήσεις</i>		

**Exhibitions (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10)**

Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	2018	Counselling Psychology	local	Athens	Scientific Committee
2	2017	Counselling Psychology and Mental Health	local	Athens	Scientific Committee
3	2016	Eating Disorders	Local	Athens	Presenter
4	2015	Counselling Psychology	local	Athens	Scientific Committee
5	2015	Counselling Psychology	local	Athens	Scientific Committee
6	2014	Counselling Psychology	local	Athens	Scientific Committee
7	2013	Counselling Psychology	local	Athens	Scientific Committee
8	2013	Counselling Psychology	local	Athens	Scientific Committee
9	2013	Counselling Psychology	local	Athens	Scientific Committee
10	2012	Counselling Psychology	local	Athens	Scientific Committee

** Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2020	Emotional Eating	Harokopio University	Researcher
2	2020	Family therapy	Laboratory of Human Relationships	Reasearcher
3	2019	Counselling skills	Aspaite	Reasearcher

4	2017-now	Adjustability of Greek students	Harokopio University	Researcher
5	2016	Eating disorders	Harokopio University	Researcher
6	2015	College mental health	Harokopio University	Researcher
7	2014	College mental health	Harokopio University	Researcher
8	2013	Eating disorders	Harokopio University	Researcher
9	2012	Family typology	Harokopio University	Researcher
10	2012	Parenting styles	Harokopio University	Researcher

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

**Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)**

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2002-2018	Harokopio University	Counselling centre	Counsellor
2	2019-now	Harokopio University	Counselling centre	Head
3				
4				
5				

Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.

(max total 10) (Optional Entry)			
Ref. Number	Date	Title	Awarded by:
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Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Key Activities:
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