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USER GUIDE FOR LEARNING RESOURCES

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	NIINA OINAS University of Lapland MARIA HUHMARNIEMI University of Lapland					
	Art activities for staff in healthcare institutions					
	ABSTRACT Arts and arts-based methods are increasingly used in professional development. This study involved two artists facilitating art activities for 21 staff members from three care institutions in Finland: a nursing home, a day-care certify for individuals facing challeng- ing life situations (e.g. unemployment or the need to relarri cergday skills). The primary objective was to enhance wavk satisfaction and well-being among schedel-being members. Initially, the staff members displayed scepticism towards art activities, but their attitudes became more positive as they engaged in the artistic profes- sional roles. Manu varificantis superside that art activities could be structured					
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