

Academic Personnel Short Profile / Short CV

University:	Neapolis University of Pafos
Surname:	Amanaki
Name:	Eirini
Rank/Position:	Teaching staff
Faculty:	Social Sciences, Arts and Humanities
Department:	Psychology
Scientific Domain: *	Educational Psychology

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PostDoc	2023	National and Kapodistrian University of Athens	Department of Pedagogy and Primary Education	
PhD	2011	University of Crete	Department of Preschool Education	
MSc	2007	University of Crete	Department of Preschool Education	
University Degree	2003	University of Crete	Department of Preschool Education	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2020	today	Hellenic Open University	Patra	Teaching staff
2021	today	Neapolis University of Pafos	Athens	Teaching staff
2014	2016	School of Public Health	Athens	Collaborator

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Ref. Number	Ref. Number	Ref. Number	Ref. Number	Ref. Number	Σελ.
1	2025	Achieving adult status in Greece in the aftermath of the global financial crisis.	Galanaki EP, Arnett JJ	Acta Psychologica	256	104984
2	2024	Parenting young children (3–6) with and without disabilities in Greece: further evidence for psychometric properties, construct validity and measurement invariance of the Alabama Parenting Questionnaire (child form).	Markodimitraki M, Charitaki G, Kypriotaki M	International Journal of Developmental Disabilities	69	10
3	2023	Alabama Parenting Questionnaire (parent form): Psychometric properties and validation in a population of Greek parents of young children (3-6) with and without disabilities.	Markodimitraki M, Charitaki G, Kypriotaki M	The Family Journal	31	

4	2022	Educational capital/ level and its association with precarious work and social vulnerability among youth, in EU and Greece.	Papadakis N, Drakaki M, Saridaki S, Dimari G	International Journal of Educational Research	112	
5	2020	Employment/ unemployment, education and poverty in the Greek Youth, within the EU context.	Papadakis N, Drakaki M, Saridaki S, Dimari G	International Journal of Educational Research	99	
6	2019	The Effect of Progressive Muscle Relaxation on Emotional Competence: Depression–Anxiety–Stress, Sense of Coherence, Health-Related Quality of Life, and Well-Being of Unemployed People in Greece: An Intervention Study.	Merakou K, Tsoukas K, Stavrinos G, Daleziou A Kourmoussi N, Barbouni A	EXPLORE	15	38-46
7	2017	Association between Weight Status and the Built Environment around Schools in Greece Using Geographical Information Systems Technology.	Barbouni A, Lagiou A, Barbounis D, Kalogirou S, Merakou K	International Journal of Caring Sciences	10	1391
8	2017	Sense of Coherence, Sleep Disorders and Health Related Quality of Life in Women with Breast Cancer in Greece.	Barbouni A, Papakosta A Merakou K	International Journal of Caring Sciences	10	742-754
9	2017	The Toronto Empathy Questionnaire: Reliability and Validity in a Nationwide Sample of Greek Teachers.	Kourmoussi N, Tzavara, C, Merakou K, Barbouni A, Koutras V	Social Sciences	6(2)	62

10	2017	Active Listening Attitude Scale (ALAS): Reliability and Validity in a Nationwide Sample of Greek Educators.	Kourmoussi N, Tzavara, C, Merakou K, Barbouni A, Koutras, V	Social Sciences	6(1)	28
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Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2014-2016	Tobacco Control Project for Greece	School of Public Health	<i>Research Team Member</i>
2	2012-2013	Preventing bullying among students: developing and implementing a school-based training program for teachers	European Program DAPHNE III	<i>Research Team Member</i>
3	2009-2011	Designing evidence-based strategies and actions to address bullying, taking into account socio-ethnic diversity in student populations and evaluating their impacts	European Program DAPHNE III	<i>Research Team Member</i>

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*