



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	Botou
Name:	Anastasia
Rank/Position:	Teaching Staff
Faculty:	Social Sciences, Arts and Humanities
Department:	Psychology
Scientific Domain: *	Personality Theories, Counseling, Learning Disabilities, Gender Identity, Career Guidance

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Doctorate in Psychology (Ph.D)	2002	National and Kapodistrian University of Athens	Department of Philosophy - Pedagogy - Psychology (Department of Psychology)	"Family Dysfunction and the Role of the Educational System"
Master in Educational Sciences	2017	National and Kapodistrian University of Athens	Department of Primary Education — Postgraduate Program "Educational Sciences", major "Social Neurosciences, Social Pedagogy and Education"	"Social Pedagogy, Mental Health, Economic Crisis: The Impact of the Economic Crisis on the Mental Resilience of Primary Education Teachers".
Bachelor of Public Administration	1995	Panteion University	Public Administration	
Further Education 2-Year Degree	1994	Marasleios Teaching School	Postgraduate training in Pedagogy and Psychology	

Marasleios Academy Degree	1985	Marasleios Academy	Pedagogical studies	
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Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
<u>2018</u> 02/10/2023 03/10/2022 04/10/2021 05/10/2020 24/10/2018	<u>2024</u> 31/07/2024 31/07/2023 31/07/2022 31/07/2021 31/07/2019	Hellenic Open University	Patra, Greece	Collaborating Teaching Staff (Tutor)
<u>2019</u> 19/02/2025 14/10/2024 19/02/2024 16/10/2023 20/02/2023 01/10/2022 01/02/2022 01/10/2021 01/02/2021 28/09/2020 03/02/2020 02/10/2019 01/02/2019	<u>2025</u> 19/06/2025 14/02/2025 19/06/2024 16/02/2024 20/06/2023 31/01/2023 31/05/2022 31/01/2022 31/05/2021 31/01/2021 31/05/2020 02/02/2020 31/05/2019	Neapolis University	Pafos, Cyprus	Scientific Associate / Teaching in Postgraduate Programs
<u>2007</u> 07/02/2022 15/02/2021 15/01/2018 09/10/2017 06/03/2017 14/11/2016 21/03/2016	<u>2022</u> 03/06/2022 28/05/2021 27/04/2018 12/01/2018 23/06/2017 03/03/2017 24/06/2016	School of Pedagogical and Technological Education (ASPETE)	Athens	Teaching courses in the annual Counseling and Career Guidance Specialization Program of ASPETE

07/12/2015	11/03/2016			
23/02/2015	05/06/2015			
03/11/2014	13/02/2015			
03/03/2014	13/03/2014			
18/11/2013	28/02/2014			
04/03/2013	14/06/2013			
19/11/2012	01/03/2013			
12/03/2012	22/06/2012			
08/03/2011	14/06/2011			
07/12/2010	25/02/2011			
08/02/2010	04/02/2010			
12/02/2009	11/06/2009			
20/03/2008	11/06/2008			
26/02/2007	20/06/2007			

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2021	Art therapy and Counseling for Migrant and Refugee Children	Kalouri, O., Tsergas, N., Antonopoulou A.	<i>Journal of Liberal Arts and Humanitie</i>	2(6)	12-20
2	2021	Video Art in Counseling and Therapy: Methods and Applications	Kalouri, O., Tsergas, N., Antonopoulou A.	<i>International Journal of Humanities and Social</i>	11(4)	39-46
3	2019	The influence of interpersonal relations in teenager's self-esteem during the economic crisis in Greece	Karakiozis, K., Korakidi, G., Papakitsos	<i>Journal of Educational Sciences and Psychology</i>	IX(LXXI) (2)	27-40
4	2018	Teens' Perception about Social Networking Sites: Does Facebook Influence Teens'	Marsellos P-S.	Psychology	9	1453-1474

		Self-Esteem?				
5	2017	Primary School Teacher's Resilience during the Economic Crisis in Greece	Mylonakoy-Keke, I., Kalouri, O., Tsergas, N.	Psychology	8	131-159
6	2018	Proposal for a Holistic Intervention to Enhance the Mental Resilience of Teachers.		Review of Counseling and Guidance, Scientific publication of the Hellenic Society of Counseling and Guidance	111-112	81-91
7	2018	Self-esteem: Theoretical Approaches. The role of Counseling, School Psychology and Social Pedagogy in its enhancement.		Pedio Publications	Collective Volume on Counseling and Guidance, dedicated to the late Professor Spyros Krivas	205-229
8	2016	Myths and fairy tales in counseling and therapy.	Tsergas, N., & Kalouri, R.	10th Panhellenic Conference of the Pedagogical Society of Greece on the topic: "Literature and Education", University of Ioannina, School of Educational Sciences, Proceedings	Volume A	205-229

9	2016	Poverty and mental health: Exploring the psychosocial impacts on the child and the family.	Καλούρη, Ο., & Τσέργας, Ν.	6th Panhellenic Conference on Educational Sciences and Special Education, Athens, Proceedings	Volume 1	812-828
10	2014	The influence of family on career choice and professional development.		Review of Counseling and Guidance, Scientific publication of the Hellenic Society of Counseling and Guidance	Issue 104	79-88

<i>Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)</i>					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition

**Specify venue, geographic location etc*

<i>Research Projects. List the five (5) more recent and other five (5) selected (max total 10)</i>				
Ref. Number	Date	Title	Funded by	Project Role*
1	2010-2011	Pilot program of the Ministry of Education, Culture and Sports, implemented by the KEE during the year	ESPA	Advisor

		2010-11, entitled: "Evaluation of the Educational Project of the school unit - Self-Evaluation Process (SEP)" with MIS 295381.		
2				
3				
4				
5				

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2023-present	ELESYP	Vice President	Promotion of Counseling and Career Guidance.
2	2011-present	EKDDA	Educational Instructor	Training programs for civil servants at the National Center for Public Administration.
3	2007-2018	ASPETE	Supervising Evaluator	Supervision of 43 thesis projects as well as participation in the three-member evaluation committees of thesis projects of the Specialization Program in Counseling and Career Guidance (PESYP) of the Higher School of Pedagogical and Technological Education (ASPEITE).
4	06/05/2014 - 2016	Regional Prevention Action Group	Member	Prevention Actions (PODP) of School Violence and Bullying in Primary Education of the 3rd Athens School

5	08/09/2005 - 30/06/2008	Institute of Continuing Adult Education of the General Secretariat of Adult Education	Member of the Scientific Team	Updating and enrichment of the Educational and Informational Material, as well as the scientific support and guidance nationwide of the project "Parental Counseling III"
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***Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)***

Ref. Number	Date	Title	Awarded by:
1			
2			
3			
4			
5			

***Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)***

Ref. Number	Date	Title	Key Activities:
1			
2			
3			
4			
5			