



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	GALANAKIS
Name:	MICHAEL
Rank/Position:	SEP / PROFESSOR
Faculty:	Social Sciences, Arts and Humanities
Department:	Phychology
Scientific Domain: *	METHODOLOGY, RESEARCH, ORGANIZATIONAL PSYCHOLOGY, COUNSELLING PSYCHOLOGY, POSITIVE PSYCHOLOGY, STATISTICS.

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
BACHELOR IN PSYCHOLOGY	1999	EKPA / KAPODISTRIAN UNIVERSITY OF ATHENS	PSYCHOLOGY	N/A
MASTERS IN ORGANIZATIONAL PSYCHOLOGY	2003	PANTEION UNIVERSITY OF SOCIAL AND POLITICAL SCIENCES	PSYCHOLOGY	PERSONALITY TYPE AND TEAM WORK
PhD IN PSYCHOLOGY	2009	PANTEION UNIVERSITY OF SOCIAL AND POLITICAL SCIENCES	PSYCHOLOGY	POSITIVE EMOTIONS AND COPING WITH OCCUPATIONAL STRESS

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
2019	PRESENT	NEAPOLIS UNIVERSITY	CYPRUS	SEP/ PROFESSOR

		OF PAFOS		
2013	PRESENT	ASPAITE UNIVERSITY	GREECE	SEP / PROFESSOR
2021	2025	AMERICAN COLLEGE OF GREECE	GREECE	PROFESSOR

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2024	Koutsosimou M., & Galanakis Michael. (2024) Mental Resilience and Emotional Resonance: An Approach through the Thematic Apperception Test Projective Process. Health Review, Issue 193, Vol. 35, pp. 23- 29, e-ISSN: 2623-4785, ISSN: 1105-9311.	Koutsosimou M., & Galanakis Michael. (2024) Mental Resilience and Emotional Resonance: An Approach through the Thematic Apperception Test Projective Process. Health Review, Issue 193, Vol. 35, pp. 23- 29, e-ISSN: 2623-4785, ISSN: 1105-9311.	Koutsosimou M., & Galanakis Michael. (2024) Mental Resilience and Emotional Resonance: An Approach through the Thematic Apperception Test Projective Process. Health Review, Issue 193, Vol. 35, pp. 23- 29, e-ISSN: 2623-4785, ISSN: 1105-9311.	Koutsosimou M., & Galanakis Michael. (2024) Mental Resilience and Emotional Resonance: An Approach through the Thematic Apperception Test Projective Process. Health Review, Issue 193, Vol. 35, pp. 23- 29, e-ISSN: 2623-4785, ISSN: 1105-9311.	Koutsosimou M., & Galanakis Michael. (2024) Mental Resilience and Emotional Resonance: An Approach through the Thematic Apperception Test Projective Process. Health Review, Issue 193, Vol. 35, pp. 23- 29, e-ISSN: 2623-4785, ISSN: 1105-9311.

						9311.
2	2024	Karakasidou E., Galanakis M., & Tsitsas G. (2024).Special Issue on Well-Being and Education: Current Indications and Emerging Perspectives. Frontiers in Psychology doi: 10.3389/fpsyg.2024.1496914	KARAKASIDOU E., TSITSAS G.	<i>FRONTIERS IN PSYCHOLOGY</i>	Karakasidou E., Galanakis M., & Tsitsas G. (2024).Special Issue on Well-Being and Education : Current Indications and Emerging Perspectives. Frontiers in Psychology doi: 10.3389/fpsyg.2024.1496914	Karakasidou E., Galanakis M., & Tsitsas G. (2024).Special Issue on Well-Being and Education: Current Indications and Emerging Perspectives. Frontiers in Psychology doi: 10.3389/fpsyg.2024.1496914
3	2024	Kotsakis, A.; Avraam, D.; Malliarou, M.; Halkiopoulos, C.; Galanakis, M.; Sfakianakis, M. Psychosocial Factors in Evidence-based Management Interventions and Policymaking: The COPSOQ III Greek Validation Study. <i>Preprints</i> 2024 , 2024071849. https://doi.org/10.20944/preprints202407.1849.v1	KOTSAKIS A.	<i>HEALTH</i>	Kotsakis, A.; Avraam, D.; Malliarou, M.; Halkiopoulos, C.; Galanakis, M.; Sfakianakis, M. Psychosocial Factors in Evidence-	Kotsakis, A.; Avraam, D.; Malliarou, M.; Halkiopoulos, C.; Galanakis, M.; Sfakianakis, M. Psychosocial Factors in Evidence

					based Management Interventions and Policymaking: The COPSOQ III Greek Validation Study. <i>Preprints</i> 2024 , 2024071849. https://doi.org/10.20944/preprints202407.1849.v1	-based Management Interventions and Policymaking: The COPSOQ III Greek Validation Study. <i>Preprints</i> 2024 , 2024071849. https://doi.org/10.20944/preprints202407.1849.v1
4	2023	Sotiropoulou, K.; Patitsa, C.; Giannakouli, V.; Galanakis, M.; Koundourou, C.; Tsitsas, G. <i>Self-Compassion as a Key Factor of Subjective Happiness and Psychological Well-Being among Greek Adults during COVID-19 Lockdowns. Int. J. Environ. Res. Public Health</i> 2023, 20, 6464. https://doi.org/10.3390/ijerph20156464 .	SOTIROPOULOU, PATITSA, KOUNDOUROU, TSITSAS, GIANNAKOULI	PUBLIC HEALTH	Sotiropoulou, K.; Patitsa, C.; Giannakouli, V.; Galanakis, M.; Koundourou, C.; Tsitsas, G. Self-Compassion as a Key Factor of Subjective Happiness and Psychological Well-Being among Greek Adults during	Sotiropoulou, K.; Patitsa, C.; Giannakouli, V.; Galanakis, M.; Koundourou, C.; Tsitsas, G. Self-Compassion as a Key Factor of Subjective Happiness and Psychological Well-Being among

					COVID-19 Lockdowns. Int. J. Environ. Res. Public Health 2023, 20, 6464. https://doi.org/10.3390/ijerph20156464 .	Greek Adults during COVID-19 Lockdowns. Int. J. Environ. Res. Public Health 2023, 20, 6464. https://doi.org/10.3390/ijerph20156464 .
5	2023	Galanakis M. (2023). The Pursuit of Unhappiness: The Ground Theory to Explain Why People Choose to Be Unhappy Rather Than Happy. Psychology Research, February 2023, Vol. 13, No. 2, 51-59. DOI:10.17265/2159-5542/2023.02.001.	Galanakis M. (2023). The Pursuit of Unhappiness: The Ground Theory to Explain Why People Choose to Be Unhappy Rather Than Happy. Psychology Research, February 2023, Vol. 13, No. 2, 51-59. DOI:10.17265/2159-5542/2023.02.001.	PSYCHOLOGY RESEARCH	Galanakis M. (2023). The Pursuit of Unhappiness: The Ground Theory to Explain Why People Choose to Be Unhappy Rather Than Happy. Psychology Research, February 2023, Vol. 13, No. 2, 51-59. DOI:10.17265/2159-5542/2023.02.001.	Galanakis M. (2023). The Pursuit of Unhappiness: The Ground Theory to Explain Why People Choose to Be Unhappy Rather Than Happy. Psychology Research, February 2023, Vol. 13, No. 2, 51-59. DOI:10.17265/2159-5542/2023.02.001.

					Februar y 2023, Vol. 13, No. 2, 51-59. DOI:10. 17265/2 159- 5542/20 23.02.0 01.	ch, Februar y 2023, Vol. 13, No. 2, 51-59. DOI:10. 17265/2 159- 5542/20 23.02.0 01.
6	2023	Tasoula P., & Galanakis M. (2023). The Role of Trait Activation Theory in Occupational Behavior: A Systematic Review. Psychology Research, February 2023, Vol. 13, No. 2, 83-87. DOI:10.17265/2159- 5542/2023.02.004.	TASOULA P.	PSYCHOLOGY RESEARCH	Tasoula P., & Galanak is M. (2023). The Role of Trait Activatio n Theory in Occupat ional Behavio r: A System atic Review. Psychol ogy Researc h, Februar y 2023, Vol. 13, No. 2,	Tasoula P., & Galana kis M. (2023). The Role of Trait Activati on Theory in Occupa tional Behavio r: A System atic Review. Psychol ogy Resear ch, Februar y 2023, Vol. 13, No. 2,

					83-87. DOI:10. 17265/2 159- 5542/20 23.02.0 04.	83-87. DOI:10. 17265/2 159- 5542/20 23.02.0 04.
7	2023	Galanakis M., & Peramatzis G. (2023). Herzberg's Motivation Theory in Workplace. Psychology Research, December 2022, Vol. 12, No. 1, 971-978 doi:10.17265/2159-5542/2022.12.009	PERAMATZIS G.	PSYCHOLOGY RESEARCH	Galanakis M., & Peramatzis G. (2023). Herzberg's Motivation Theory in Workplace. Psychology Research, December 2022, Vol. 12, No. 1, 971-978 doi:10.17265/2159-5542/2022.12.009	Galana kis M., & Peramatzis G. (2023). Herzberg's Motivation Theory in Workplace. Psychology Research, December 2022, Vol. 12, No. 1, 971-978 doi:10.17265/2159-5542/2022.12.009
8	2023	Galanakis M., & Georgiou A.	GEORGIOU A.	PSYCHOLOGY	Galanak	Galana

		(2023). Organizational Psychology Revisited. Goal Setting Theory in Recent Years: A Systematic Literature Review. Psychology Research, December 2022, Vol. 12, No. 1, 919-924 doi:10.17265/2159-5542/2022.12.001.		RESEARCH	is M., & Georgiou A. (2023). Organizational Psychology Revisited. Goal Setting Theory in Recent Years: A Systematic Literature Review. Psychology Research, December 2022, Vol. 12, No. 1, 919-924 doi:10.17265/2159-5542/2022.12.001.	kis M., & Georgiou A. (2023). Organizational Psychology Revisited. Goal Setting Theory in Recent Years: A Systematic Literature Review. Psychology Research, December 2022, Vol. 12, No. 1, 919-924 doi:10.17265/2159-5542/2022.12.001.
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9	2022	Katsiana, A., Stalikas, A., Kokkaris, P., Galanakis, M., Georgiou, K., & Strimpakos, N. (2022). Cross-cultural Adaptation and Psychometric Properties of the Greek Vineland Adaptive Behavior Scales, Second Edition: Parent/Caregiver Rating Form (VABS II-Gr). Psychology, 13, 1850-1864. https://doi.org/10.4236/psych.2022.1313115 .	KATSIANA, STALIKAS, GEORGIU, STRIMPAKOS, KOKKARIS.	PSYCHOLOGY	Katsian a, A., Stalikas, A., Kokkari s, P., Galanak is, M., Georgio u, K., & Strimpa kos, N. (2022). Cross- cultural Adaptati on and Psycho metric Properti es of the Greek Vinelan d Adaptiv e Behavio r Scales, Second Edition: Parent/ Caregiv er Rating Form (VABS II-Gr). Psychol	Katsian a, A., Stalikas , A., Kokkari s, P., Galana kis, M., Georgio u, K., & Strimpa kos, N. (2022). Cross- cultural Adaptat ion and Psycho metric Properti es of the Greek Vinelan d Adaptiv e Behavio r Scales, Second Edition: Parent/ Caregiv er Rating Form (VABS II-Gr). Psychol
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					ogy, 13, 1850-1864. https://doi.org/10.4236/psych.2022.1313115 .	ogy, 13, 1850-1864. https://doi.org/10.4236/psych.2022.1313115 .
10	2022	Kyriazos, T., Galanakis, M., Karakasidou, E., & Stalikas, A. (2021). Modeling the protective effects of Positive Emotions against Depression during early COVID-19 quarantine, with a structural equation model (SEM). <i>Psychology: The Journal of the Hellenic Psychological Society</i> , 26(3), 1–20. https://doi.org/10.12681/psy_hps.28853 .	STALIKAS, KYRIAZOS, KARAKASIDOU.	THE JOURNAL OF THE HELLENIC PSYCHOLOGICAL SOCIETY.	Kyriazos, T., Galanakis, M., Karakasidou, E., & Stalikas, A. (2021). Modeling the protective effects of Positive Emotions against Depression during early COVID-19 quarantine, with a structural	Kyriazos, T., Galanakis, M., Karakasidou, E., & Stalikas, A. (2021). Modeling the protective effects of Positive Emotions against Depression during early COVID-19 quarantine, with a structur

					equation model (SEM). Psychology: The Journal of the Hellenic Psychological Society, 26(3), 1–20. https://doi.org/10.12681/psy_hps.28853 .	al equation model (SEM). Psychology: The Journal of the Hellenic Psychological Society, 26(3), 1–20. https://doi.org/10.12681/psy_hps.28853 .
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<i>Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)</i>					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	2024	Koutsomiou M., & Galanakis M. (2024) Mental Resilience and Emotional Resilience: An Approach Through the Projective Process of the Thematic Apperception Test. 26th Panhellenic Health Services Management Conference, under the auspices of the Ministry of Health. "Human Resources in Health - Looking to 2030. November 23-24, 2024. Erricos Dunan Amphitheater.	LOCAL	ATHENS – GREECE	PRESENTER

		Athens.			
2	2022	M. Galanakis & A. Stalikas. (2022). Psychological Agility, Learning ability and adaptability in the school classroom. Basic findings and new research directions. 3rd National Conference on Educational Psychology, 10-13 November 2022, Thessaloniki, Greece, Aristoteleion University, Department of Psychology.	LOCAL	THESSALONIKI - GREECE	PRESENTER
3	2021	Galanakis M. (2021). The PERMA Model in Stress Management and in Productivity increase in the Public Sector. National School of Public Governance ESDDA, Athens, Greece, 15-16 July 2021.	LOCAL	ATHENS – GREECE	PRESENTER
4	2019	Galanakis M., & Stalikas A. (2019). Applied Statistics and Research Methodology in Positive Psychology. 17th National Psychological Conference of the Hellenic Association of Psychology (ELPSE). May 15-19 May, Alexandroupoli, Thraki, Greece.	LOCAL	ALEXANDROUPOLI – GREECE	PRESENTER
5	2015	Galanakis M., Danelli – Mylona V., Darviri C., Chliaoutakis I., Chroussos G., & Stalikas A. (2015). The role of personality type and stress in risky driving. The importance of positive emotions. 15th National Psychological Conference of the Greek Psychological Association. Nicosia, Cyprus, 27-31 May 2015.	INTERNATIONAL	CYPRUS	PRESENTER
6	2012	Giannoulis A., Galanakis M.,	INTERNATIONAL	PORTUGAL	PRESENTER

		Anastasiadi M., The relation of anxiety, depression and stress, with demographic characteristics, subjective happiness and life satisfaction. 3rd SPR Joint Meeting, European and UK Chapters, Porto, Portugal, October 10-13, 2012.			
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** Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2003-2009	PENED Program, Ministry of Development. Funding of €180,000 for the development of prototype psychometric tools to measure psychological characteristics in the workplace. General Secretariat for Technology and Research (GSRT), in collaboration with ELKE Panteion University of Athens and the European Union (2003–2009).	EUROPEAN UNION	MAIN RESEARCHER / SUPERVISOR
2	2009-2010	Research Program on the Relationship between Self-Esteem, Positive Emotions, and Depression during Pregnancy and Postpartum. Alexander Technological Educational Institute of Thessaloniki, Sindos (2009–2010).	GGET	MAIN RESEARCHER / STATISTICAL ANALYST
3	2016	European Fund for Globalization Adjustment (EGF). Program FOKAS ODYSSEAS 2016: Career Counseling for unemployed individuals affected by	EUROPEAN FUND FOR GLOBALIZATION ADJUSTMENT	MAIN RESEARCHER

		the closure of large enterprises in Greece. Role: Career Counselor. Delivered One-on-One Counseling sessions to unemployed individuals aged 18–29. June – October 2016 (300 total hours).		
4	2009	Hellenic Agency for Local Development and Local Government (EETAA), in collaboration with the EU. Program on intercultural training of public servants working in migrant reception facilities. Role: Trainer (2009).	EETAA	MAIN RESEARCHER
5	2015	European Research Program “Happiness, Optimism, Positivity & Ethos in Schools (HOPEs).” Partnership among Greece, Cyprus, and Italy. Role: Researcher and Statistical Analyst.	EUROPEAN UNION	MAIN RESEARCHER

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

***Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.
List the five (5) more recent (Optional Entry)***

Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2010-PRESENT	(EJOP) Europe’s Journal of Psychology - http://ejop.psychopen.eu/ Impact Factor 0.74 Stress and Health - http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1532-2998 Impact Factor 1.88	Reviewer-evaluator in scientific journal	REVIEWER OF ARTICLES
2	2016 - PRESENT	(IJSM) International Journal of Stress Management - http://www.apa.org/pubs/journals/str/	Reviewer-evaluator in scientific journal	REVIEWER OF ARTICLES

		Impact Factor 4.80		
3	2017-PRESENT	PsyCH Journal - http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)2046-0260 Impact Factor 1.92	Reviewer-evaluator in scientific journal	REVIEWER OF ARTICLES
4	2018-PRESENT	Frontiers in Psychology	Reviewer-evaluator in scientific journal	REVIEWER OF ARTICLES
5	2023	Scientific Committee of the 8th National Conference in Counselling Psychology of ELPSE, 9-12 November 2023, Athens, Greece, Harokopion University.	SCIENTIFIC COMMITTEE	EVALUATION OF PROPOSED PRESENTATIONS

***Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)***

Ref. Number	Date	Title	Awarded by:
1	2013	BEST HR MANAGER GREECE	KPMG GREECE
2			
3			
4			
5			

***Other Achievements. List the five (5) more recent and other five (5) selected.
(max total 10) (Optional Entry)***

Ref. Number	Date	Title	Key Activities:
1	2003	PENED PROGRAM IN GREECE	MAIN RESEARCHER AND KEY CONTRIBUTOR IN THE WRITING OF THE PROPOSAL – 180.000 EUROS FUNDING
2	2017	BOOK RELEASE – MODERN ISSUES IN	AUTHOR

		PSYCHOMETRICS – TOPOS PUBLICATIONS	
3	2020	BOOK RELEASE – HAPPINESS NOW! KRITIKI PUBLICATIONS	AUTHOR
4	2016	BOOK RELEASE – CONFLICT MANAGEMENT – PATAKIS PUBLICATIONS	AUTHOR
5	2013	BOOK RELEASE – OCCUPATIONAL PSYCHOLOGY – STAMOULIS PUBLICATIONS	AUTHOR