FORM NUM: 500.1.03

Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos		
Surname:	Koudigkeli		
Name:	ani (Feni)		
Rank/Position:	Collaborating Educational Faculty (SEP)		
Faculty:	Social Sciences, Arts and Humanities		
Department:	Psychology		
Scientific Domain: *	Special Education - School Psychology – Positive Psychology		

^{*} Field of Specialization

Academic qualifications (list by highest qualification)					
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)	
PhD	2017	Panteion University of Social and Political Sciences	Psychology	'Resilience and Burnout among Primary School Teachers' (The contributions of positive emotions, psychological resilience and teaching self-efficacy in handling teachers' professional burnout in Primary Education)	
MSc in School Psychology	2004	National and Kapodistrian University of Athens	Psychology	"Theatrical Play and Coping Strategies of Stressful Situations in Primary School Students'	
Bachelor of Education (Equivalency Program)	2007	National and Kapodistrian University of Athens	Educational Department of Primary Education		
Diploma of Marasleios Teachers' College –	1997	Marasleios Didaskalio	Primary Education		

Further Training in General Education			
Diploma of Marasleios Pedagogical Academy of Athens	1986	Marasleios Pedagogical Academy	"Drama and play as educational means in Primary Education"
Diploma of Higher Drama School E. Hatzikou	1988	Ministry of Culture	

Employme	Employment history in Academic Institutions/Research Centers – List by the three (3) most recent					
Period of employ	Period of employment		Location	Position		
From	То	Employer	Location	Position		
2021	2026	1st KEDASY	Athens	Seconded Special Education Teacher		
2025	present	2nd KEDASY	Athens	Special Education Teacher (Permanent Position)		
2019	2025	6th Special Primary School	Athens	Special Education Teacher (Permanent Position)		
2014	2019	Regional Directorate of Sterea Ellada	Lamia	School Counsellor – Coordinator of Educational Work		

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number Year Title Other authors Journal and Publisher / Vol. Pag Conference					Pages	
1	2020	"Positive Psychology Interventions in		In Stalikas, Giotsidi & Karakasidou (Eds.),		

		Education. Theoretical Background and Empirical Data"		"Conquering Wellbeing: Positive Interventions, Techniques and Experiential Exercises." Athens: Topos. (ISBN: 978-960-499-336-9).	
2	2017–2019	Authored units in the European Programme SUCCESS: "Strategies to Utilize and Cultivate Positive Characteristics & Employability Skills in Schools."		Erasmus+ Programme, European Commission.	
3	2011	"Positive Psychology in Education"		In Stalikas & Mytskidou (Eds.), "Introduction to Positive Psychology". Athens: Topos. (ISBN: 978-960-499-011-5).	
4	2011	"Experiencing Positive Emotions, Play, and Resilience"	Stalikas, A., Dimitriadou, E.	In Matsopoulos (Ed.), "From Vulnerability to Resilience: Applications in School and Family." Athens: Papazisis. (ISBN: 978-960-02-2527-3).	
5	2008	"Aggression against Classmates: Bullying"		In Tzelepi–Giannatou (Eds.), "Issues of Classroom Management." Athens: Pedagogical Institute – EU. (ISBN: 978-960-407-197-5).	
6	1997-1998	Participation in the Curriculum Writing Group for Drama in Education and Theatrical Play in the 5th and 6th grades of Elementary School,		Technical Project Bulletin of the Pedagogical Institute for Aesthetic Education	

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	Middle School and High School.		
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	Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)						
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition		
1							
2							
3							
4							
5							
6							

^{*}Specify venue, geographic location etc

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)						
Ref. Number	Date	Title	Funded by	Project Role*		
1	2018–2020	European Research Project SAFER – "Systematic Approaches for Equality of Gender"	The program is a product of collaboration between organizations from six European countries and was funded by the European Commission (Rights, Equality	Research Member of Hellenic Association of Positive Psychology (HAPPSY) and Trainer of the teachers who participated in the program		

			and Citizenship Programme)	
2	2017 -2019	European Programme SUCCESS – "Strategies to Utilize and Cultivate Positive Characteristics & Employability Skills in Schools"	The program was funded by the Erasmus+ Programme of the European Commission and was implemented in collaboration with six European university institutions and organizations providing counselling and mental health services	Author of Training Material Units and Trainer of the teachers who participated in the program.
3	2017 -2019	"Intensive Training Programmes for Classroom Management"	Pedagogical Institute – European Social Fund	Participation as a Trainer in the implementation of the program.
4	2002-2003	"Psychosocial Support Programme for Repatriated, Immigrant and Foreign Students"	Center for Research and Applications of School Psychology of the Department of Psychology and the Department of Pedagogy of the University of Athens, within the framework of the project "Education	Participation as a Trainer in the implementation of the program.

			of Returnee and Foreign Students" (Ministry of Education) in collaboration with the Center for Intercultural Education of National and Kapodistrian University of Athens	
5	2002-2003	Primary Prevention Programme: "Social and Emotional Education in School"	Center for Research and Applications of School Psychology of the Department of Psychology of the National and Kapodistrian University of Athens	Participation as a Trainer in the implementation of the program.

^{*}Project Role: i.e., Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.					
List the five (5) more recent (Optional Entry)					
Ref. Number Period Organization Title of Position or Service Key Activities					

1	2011–2025	HAPPSY	Founding Member of the Hellenic Association of Positive Psychology (HAPPSY)	The purpose of the HAPPSY is, through systematic scientific investigation, to understand the principles of Positive Psychology and their utilization in the fields of physical and mental health, psychotherapy, education and behaviour at an individual, group and social level. Also develop new knowledge, advance the scientific understanding of the basic mechanisms and principles of Positive Psychology and incorporate into the on-going research for the promotion and understanding of human growth and well-being of people, groups and organizations.
2	2005–present		Member of the Research Group on Positive Emotions under the supervision of Professor Anastasios Stalikas	The research focus of this group is the role of Positive Emotions and Positive Psychology in general in psychotherapy, organizational psychology, counselling psychology, education and health psychology.
3	1998	IA.te – MED. Art	Founding Member of the Hellenic Association of Medicine and Sciences for Dance and Performing Arts	The purpose of IA.te - MED. Art was to investigate the particularity that artists present due to performance and to address the Medical, Psychological, Physiotherapy, etc. problems of performing arts artists.
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Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)						
Ref. Number	Date	Title	Awarded by:			
1						
2						
3						
4						
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Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)						
Ref. Number	Date	Title	Key Activities:			
1						
2						
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