



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	Tzavara
Name:	Chara
Rank/Position:	Teaching staff
Faculty:	Social Sciences, Arts and Humanities
Department:	Psychology
Scientific Domain: *	Research Methodology/Statistics

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2013	Medical School of Athens	Department of Hygiene, Epidemiology and Medical Statistics	
MSc in Biostatistics	2004	University of Athens	Medical School, Department of Mathematics	
University Degree	2000	University of Athens	Department of Nursing	

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
2005	today	Center for Health Services Research of the Department	Athens	Collaborator / Teaching staff

		of Hygiene, Epidemiology and Medical Statistics / Adolescent Health Unit of the Athens Medical School/Child Psychiatry Department Unit of the Athens Medical School		
2005	today	Harokopio University Department of Dietetics- Nutrition Science	Athens	Collaborator
2019	2020	Medical School of Athens	Athens	Academic fellow with a research subject in Epidemiology - Biostatistics

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	Translation, Reliability and Validity of the Greek Version of the 5-D Itch Scale in People With Chronic Kidney Disease Receiving Haemodialysis	Liossatu A, Panagiotou A, Papageorgiou D, Alikari V, Gerogianni G, Lykiardopoulou E, Stathoulis JD, Mayo MJ, Zyga S.	Cureus	17	1
2	2025	The impact of infertility on the mental health of women undergoing in vitro fertilization treatment.	Moutzouroulia A, Asimakopoulou Z, Asimakopoulos K, Adonakis G, Kaponis A	Sex Reprod Healthc	43	101
3	2025	Attitudes of Health and Mental Health Professionals, and Police Staff towards	Martinaki S, Sakellariou EM, Ntelidaki V, Karachaliou E,	Community Ment Health J	61	946

		Mentally Ill Offenders in Greece	Athanasiadis K, Gkontolia A, Tsiapla T, Chantzinikolaou F.			
4	2024	Death anxiety, life's meaninglessness, and mental resilience among women with symptoms of behavioral addictions and alcohol use disorder: Using the existential approach.	Vatikioti C, Triantafyllou K, Paparrigopoulos T.	Psychiatriki	36	30
5	2024	Online dialectical behavior therapy for binge eating disorder: an open trial.	Karapatsia M, Michopoulos I, Gonidakis F.	Eat Disord.	40	1-18
6	2021	Mental health promotion and prevention interventions in families with parental depression: A randomized controlled trial	Giannakopoulos G, Solantaus T, Tzavara C, Kolaitis G	J Affect Disord	278	114-121
7	2018	Validation of the Greek version of the Young Schema Questionnaire-Short Form 3: Internal consistency reliability and validity.	Malogiannis IA, Aggeli A, Garoni D, Michopoulos I, Pehlivanidis A, Kalantzi-Azizi A, Papadimitriou GN.	Psychiatriki	29	220-230
8	2017	Major depression in Cyprus amid financial crisis: prevalence and correlates.	Marina Economou, Kyriakos Souliotis, Lily Evangelia Peppou, Irene Agapidaki, Costas N. Stefanis	International Journal of Culture and Mental Health	11	1-13
9	2017	Two Versus One High-Frequency Repetitive Transcranial Magnetic Stimulation Session per Day for Treatment-Resistant	Theleritis C, Sakkas P, Paparrigopoulos T, Vitoratou S, Bonaccorso S, Politis A, Soldatos CR, Psarros C.	J ECT.	33	190-197

		Depression: A Randomized Sham-Controlled Trial				
10	2015	Cyberbullying victimization prevalence and associations with internalizing and externalizing problems among adolescents in six European countries.	Artemis Tsitsika, Mari Janikian, Szymon Wójcik, Katarzyna Makaruk, Eleni Tzavela, Donald Greydanus, Joav Merrick, Clive Richardson	Computers in Human Behavior	51	31
<p><i>RG Score</i> 3.012</p> <p><i>Reads</i> 63.903</p> <p><i>Citations</i> 4.951</p> <p>37 h-index</p> <p>https://www.researchgate.net/profile/Chara_Tzavara</p>						

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2024	Social workers in Greece, working conditions, job satisfaction, professional, psychological burden.	University of West Attica	<i>Research Team Member</i>
2	2023	Intervention for mental health care for asylum seekers and refugees in Attica	Regional Development and Mental Health Association-EPAPSY	<i>Research Team Member</i>
3	2020	be-Healthier- Creating Health Policies from Collective Knowledge Data - Operational Program Competitiveness, Entrepreneurship and Innovation.	University of West Attica	<i>Research Team Member</i>
4	2022	The effect of mastic oil on metabolic syndrome.	Harokopio University	<i>Research Team Member</i>

			Department of Dietetics-Nutrition Science	
5	2021	Field research with questionnaires among the student population on the psychological effects of the fire in Mati.	Hellenic Society of Analytical Group and Family Psychotherapy	<i>Research Team Member</i>
6	2019	EU-NET ADDICT: Internet and addictive behaviors – A study of European adolescents. -SAFER INTERNET Information Society and Media Directorate, INFOS-SI-2010-KEP-4101007	Medical School of Athens	<i>Researcher</i>
7	2018	Factors associated with the development of post-traumatic stress disorder in hospitalized traumatized children - Study of psychosocial impacts in children and adolescents with fibrocystic disease - Study of outcome and effectiveness of treatment in an inpatient child psychiatric unit.	Medical School of Athens	<i>Researcher</i>
8	2017	KIDSCREEN: European project to measure health-related quality of life : A European Public Health Perspective”	Medical School of Athens	<i>Researcher</i>
9	2015	Assessment of the level of participation in patients organizations on health policy decision making-the EMOTION study	University of Peloponnesus	<i>Researcher</i>
10	2014	Promoting psychosocial development and preventing psychosocial difficulties in childhood in childcare and education structures	Medical School of Athens	<i>Researcher</i>

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

