



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	Sotiropoulou
Name:	Kyriaki
Rank/Position:	Visiting Academician-Lecturer
Faculty:	School of Health Sciences
Department:	Psychology
Scientific Domain: *	Counselling Psychology & Career Counselling

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Ph.D in Psychology	2006	National & Kapodistrian University of Athens	Psychology	Job satisfaction and sources of work stress among professional engineers in Greece
M.Sc. in Career Counselling and Guidance	2000	National & Kapodistrian University of Athens	Psychology	Work values of third grade Lyceum students
BSc in Psychology	1998	National & Kapodistrian University of Athens	Psychology	

BSc in Philosophy, Pedagogics & Psychology	199 5	National & Kapodistria n University of Athens	Philosophy , Pedagogics & Psychology	
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Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
2015	present	Neapolis University Pafos	Paphos, Cyprus	Visiting academician-Teaching: 1)Counselling & Psychology Ethics 2) Career Counselling 3) Various Psychology subjects in the Distance Learning Unit
2013	present	National & Kapodistrian University of Athens	Attiki,Athens Greece	Visiting academician-Teaching Counselling & Psychology Ethics
2020	present	Hellenic Open University	Patras,Greece	Member of the Adjunct Teaching Faculty - Developmental Psychology
2019	present	University of Thessaly	Volos, Thessaly	Visiting Academician Scientific Associate - Teaching Career Counselling
2013	2018	National & Kapodistrian University of Athens/ Dimokritio University of Thrace	Attiki,Athens Greece	Visiting Academician Scientific Associate - Teaching Career Counselling
2013	2014	School of Pedagogical & Technological Education	Attiki,Athens Greece	Visiting Academician Scientific Associate - Teaching Career

				Guidance and Counselling/ Personal Development/Group Counseling
2009	2010	Technological Education Institute of Piraeus	Attiki,Athens Greece	Visiting Academician Scientific Associate - Teaching Work Psychology/ Working relationships
2009	2016	National & Kapodistrian University of Athens- Centre of Research & Evaluation in Career Counselling	Attiki,Athens Greece	Scientific Associate Teaching Counseling
2006	2010	Hellenic National Academic Recognition Information Centre (NARIC-DOATAP)	Attiki,Athens Greece	Academic Advisor- Head of the Psychology & Theology Sector

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	Professional Ethics in Counselling and Psychotherapy	-	BOOK (monograph)/Beta Medical arts		432
2	2025	The Evolving Role of AI in Workplace Well-Being and Employee Management.	Patitsa, C., Sotiropoulou, K., Giannakouli, V.,Vraimaki,E.,Xanthopoulou,P.,& Chalaris,M.	Book chapter In M.Chalaris, C. Patitsa & S. Kalogiannidis : <i>Navigating the</i>		123-140

				<i>Future: Embracing Advances in AI and Digital Transformation and Seamlessly Integrating ESG Across Sectors</i> Nova Science Publishers Books, Inc. New York		
3	2024	Factors of Work-related stress the impact of work stress on the performance and well-being of public sector employees.	Xanthopoulou, P., Patitsa, C., Sotiropoulou, K., Chalaris, M., Kalogiannidis, S.	Journal Paper In M. Pazarskis, A. Kostyuk, V. Santolamazza, & P. Capuano (Eds.), Corporate governance: Scholarly research-Virtus Interpress.		112-116
4	2024	Psychological Capital Pathways to Entrepreneurial Intention. The role of loneliness and lack of social networking in the entrepreneurial intention of tourism students.	Xanthopoulou, P., Patitsa, C., Katsanakis, I. Sotiropoulou, K., Giannakouli, V., & Sahinidis, A.,	Journal of Hellenic Psycnological Society (Under review)		Future publ.
5	2023	Exploring Gender Differences: The Relationship Between Personality and Teleworking Preferences.	Xanthopoulou, P., Patitsa, C., Tsaknis, P., Sotiropoulou, K., Giannakouli, V., Sahinidis, A., & Gkika, E. C.	Paper In The International Conference on Strategic Innovative Marketing and Tourism Cham: Springer Nature Switzerland.		381-390

6	2023	The relationship between personality, well-being and gratitude in teleworking.	Patitsa,C., Sotiropoulou, K.,Giannakouli,V.,Tsaknis ,P.A.& Sahinidis,A.D.	Journal Paper in Corporate & Business Strategy Review	4 (4)	98-107
7	2023	Self compassion as a key factor of subjective happiness and psychological well-being among Greek adults during Covid-19 lockdowns.	Sotiropoulou, K., Patitsa,C., Giannakouli, V., Galanakis,M.,Koundouro u,C.,& Tsitsas,G.	Journal Paper in International Journal of Environmental Research & Public Health	20	6464
8	2023	How does a teleworking environment affect the relationship between personality, well-being, and gratitude? .	Patitsa, C., Sotiropoulou, K., Giannakouli, V., Tsaknis, P. A.& Sahinidis, A. D.	Chapter In T. O. Sigurjonsson, A. Kostyuk, & D. Govorun (Eds.), Corporate governance: Participants, mechanisms and performance/Virtus Interpress		66-70
9	2022	The influence of personality on compliance with COVID-19 public health protection measures: The role of prosocial behavior.	Patitsa, C.D, Sotiropoulou, K., Giannakouli,V., Sahinidis, A.G. & Tsaknis,P.A.	Journal Paper in Journal of Governance and Regulation	11(4)	136-146
10	2022	Social Exclusion among Learners with Migrant and Refugee Backgrounds: An Empirical Study in Second Chance Schools and in Prison Second Chance Schools”Έρευνα στην Εκπαίδευση, 11(1), 83–99. https://doi.org/10.12681/hjre.28719	Bitsakos,N.,Fokiali,P,& Sotiropoulou,K.	Journal Paper in Research in Education	11(1)	83-99
11	2021	Emotional well-being and traditional Cypriot Easter Games: A qualitative	Koundourou,C.,Ioannou, M.Stephanou,C.,Paparist odemou,M.Katsigari,T.Tsi	Journal Paper in Frontiers in Psychology,	12	1-12

		analysis. https://doi.org/10.3389/fpsyg.2021.613173	tsas,G., & Sotiropoulou, K.			
12	2020	Work / Career Counselling	(Ed.) Athanasiadou,C.	Chapter in book: Counseling psychology- Research and Practice Gutenberg Publishers		240-280
13	2020	Professional Ethics in Career Counselling	-	Chapter in Guide for the Accreditation of 2nd Level Career Counselors-INE GSEE Centre		119-144
14	2020	Professional Development ot Career Counselors		Chapter in Guide for the Accreditation of 2nd Level Career Counselors-INE GSEE Centre		452-480
15	2018	Work stress management	-	Educational material and guide for employees and employers of the Greek workforce- INE GSEE Centre		whole guide
16	2016	The role of career counselling in work stress management	(Ed.) Sidiropoulou- Dimakakakou D., Asvestas, A., Koumoundourou,G.& Milona-Kakava,A.	Chapter in book: New issues on Career Counselling/ Grigori Publishers		353-368
17	2011	Emotions and Needs of Women Facing Recent Job Loss and Financial Difficulties: Experience and	-	Conference paper/ Journal of ELESYP	94-95	203-214

		Counselling Intervention in a local Social Services Municipality Department.				
18	2010	Multicultural counselling for 2nd grade teachers	Mastoraki,E.	Educational material and Guide for career counsellors EOPPEP-National Centre of Career Guidance		whole guide

Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	May 2025	Lab: Empowering and awareness in Ethics. Ethical dilemmas of the counseling and psychotherapeutic practice.	19th Hellenic Conference of Hellenic Psychological Society (ELPSE) in Psychological Research	Ioannina	Only presenter
2	<u>December, 2023:</u>	Exploring Gender Differences: The Relationship Between Personality and Teleworking Preferences.	The International Conference on Strategic Innovative Marketing and Tourism.	Zakynthos	Co -presenter
3	April,2023	Personality traits of students and satisfaction with synchronous distance education: A comparative study between the first and second wave of COVID-19.	International Conference “Lifelong Learning and Adult Education in the Era of Uncertainty – Pathways to Social Inclusion and Social Cohesion” –	Athens	Co-presenter

			National and Kapodistrian University of Athens – Center for Training and Lifelong Learning		
4	February, 2023	The influence of personality on compliance with the National Public Health Organization (EODY) guidelines for the protection of public health against COVID-19. The role of pandemic-related emotions.	8th Conference on Crisis Management in the Health Sector / Panhellenic Medical Association:	Athens	Co presenter

**Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2000-2006	Job satisfaction and sources of work stress among professional engineers in Greece	Hellenic General Secretariat of Research and Technology-PENED Programme	Only researcher
2	2021-2023	Self compassion as a key factor of subjective happiness and psychological well-being among Greek adults during Covid-19 lockdowns.	-	Leading researcher

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities

1	2011-present	Hellenic Psychological Society (ELPSE)	Standard Member of the Counselling and Organizational Psychology Sectors	
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Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)

Ref. Number	Date	Title	Awarded by:
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Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)

Ref. Number	Date	Title	Key Activities:
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