



### Academic Personnel Short Profile / Short CV

<b>University:</b>	Neapolis University Pafos
<b>Surname:</b>	Costeris
<b>Name:</b>	Charalambos
<b>Rank/Position:</b>	Visiting Lecturer
<b>Faculty:</b>	Social Sciences, Arts and Humanities
<b>Department:</b>	Psychology
<b>Scientific Domain: *</b>	Clinical and Health Psychology, Psychodermatology

*\* Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD in Psychology	2019	University of Nicosia, Cyprus	Social Sciences - Psychology	Psychosocial findings in dermatological disorders, before and after the completion of dermatological treatment and factors that predict satisfaction with the medical outcome
MA in Clinical Psychology	2012	Lomonosov Moscow State University, Russian Federation	Neuropsychology and Psychopathology	Cross-cultural analysis of patients' motivations in aesthetic medicine
MSc in Health Psychology	2004	University of Luton / Bedfordshire, United Kingdom	Psychology	Students' attitudes towards mental illness
BSc in Psychology	2003	University of Crete, Greece	Psychology	Psychotherapeutic procedures/techniques in Integrative Psychotherapy of individuals exhibiting symptoms of anxiety and depression: The role of therapist's interpretation-reframing

--	--	--	--	--

### Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			
2019	Present	Neapolis University Pafos	Paphos, Cyprus	Visiting Lecturer
2019	Present	Integrated Behavioral Health Research Institute (IBHRI)	Los Angeles, USA	External Faculty
2019	2019	The Institut Catholique de Toulouse University	Toulouse, France	Internship Supervisor

### Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	The Mediating Role of Appearance Satisfaction and Social Support in the Relationship Between Dermatological Disorders and Patients' Overall Psychological Distress.	Petridou, M.	<i>Psychology International, MDPI</i>	7 (3)	62, 1-14
2	2023	Psoriasis: A Biological and Behavioral Management Approach.	Matheou C.	<i>Journal of Dermatology Research</i>	4 (3)	1-5
3	2022	The Use of Draw-A-Person Test in Psychodermatology: How to Evaluate Children with Skin Conditions who Experience Emotional Difficulties.		<i>Journal of Clinical and Experimental Dermatology</i>	13	1-6
4	2021	Met or Unmet Needs of Dermatological Patients: Current Challenges of Dermatologic Care when Patients have Difficulty Communicating their Emotions.		<i>Journal of Clinical and Experimental Dermatology</i>	S11	120
5	2021	Social Support and Appearance Satisfaction Can Predict Changes in the Psychopathology Levels of	Petridou, M., Ioannou, Y.	Psych, MDPI	3 (3)	259-268

		Patients with Acne, Psoriasis and Eczema, before Dermatological Treatment and in a Six-Month Follow-up Phase.				
6	2021	The critical role of body dysmorphic disorder in dermatological patients' body image: patients' desire to seek even more medical treatments increases after dermatological treatment	Petridou, M., Ioannou, Y.	Global Psychiatry Journal	4(1)	95-108
7	2021	Addressing the Need to Use Psychological Tests in the Field of Dermatology	Matacotta, J. Joshua	Journal of Dermatology Research	2(1)	1-5
8	2021	Psychological Impact of Skin Disorders on Patients' Self-esteem and Perceived Social Support	Petridou, M., Ioannou, Y.	Journal of Dermatology and Skin Science	3(1)	14-22
9	2021	Factors that Predict Patients' Satisfaction with the Psychological Outcome and the Appearance of their Skin after Treatment	Petridou, M., Ioannou, Y.	Journal of Clinical & Experimental Dermatology Research	12(1)	552
10	2020	Compulsive Hand Washing in Dermatological Patients in the Era of COVID-19 (translation into Russian)	Marachev, M.P.	Neurodynamics. Journal of clinical psychology and psychiatry	2(3)	38-41
11	2019	Body and psyche in crisis: body image, value system and body dissatisfaction in aesthetic medicine patients prior to and post medical treatment (Book Chapter)		Body, experience, identity and processes of socialization and learning in the era of rapid changes and modern crisis (Book). Thessaloniki: Disigma Publications [in Greek]		373-413
12	2017	Body image and motivation for aesthetic surgery interventions: a cross-cultural comparative research in sample of Russian and Cypriot women (Book Chapter)		The Body as a locus of Experiences, Identities and Social Concepts (Book). Athens: Okto Publishers [in Greek]		285-304
13	2012	Cross-cultural analysis of patients' motivations in aesthetic medicine (Book Chapter)		Current problems of humanitarian sciences in the XXI century (Book). Moscow: MAK Press [in Russian]		73-79

<b>Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)</b>					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1					
2					
3					
4					
5					
6					

*\*Specify venue, geographic location etc*

<b>Research Projects. List the five (5) more recent and other five (5) selected (max total 10)</b>				
Ref. Number	Date	Title	Funded by	Project Role*
1				
2				
3				
4				
5				

*\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

<b>Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)</b>				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2022 -	EuroPsy Working Group	Representative of the	Developing a Continuous Professional

	today	of CYPsa and the European Federation of Psychologists' Associations (EFPA)	Cyprus Psychological Association (CYPsa)	Development (CPD) system for psychologists in Cyprus, in order to obtain the European Certificate in Psychology (EuroPsy)
<b>2</b>	2021 - today	Board of Assessment of the European Federation of Psychologists' Associations (EFPA)	Representative of the Cyprus Psychological Association (CYPsa)	Organizing and promoting actions aimed at improving testing practices in Europe
<b>3</b>	2019 - 2021	Board of Assessment of the European Federation of Psychologists' Associations (EFPA)	Representative of the Cyprus Psychological Association (CYPsa)	Organizing and promoting actions aimed at improving testing practices in Europe
<b>4</b>	2019 - present	Integrated Behavioral Health Research Institute - Los Angeles, USA	External Faculty	Collaborating on studies in the fields of behavioral medicine and psychodermatology
<b>5</b>	2021 - present	Journal of Clinical & Experimental Dermatology Research	Executive Editor	Reviewing papers submitted for consideration, managing peer-review process
<b>6</b>	2021 - present	New Ideas in Child and Educational Psychology Journal (NICEP)	Editorial Board member	Reviewing papers submitted for consideration, managing peer-review process
<b>7</b>	2021 - present	Global Psychiatry Journal	Reviewer	Reviewing papers submitted for consideration
<b>8</b>	2021 - present	International Journal of Environmental Research and Public Health – MDPI (IJERPH)	Reviewer	Reviewing papers submitted for consideration

***Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)***

<b>Ref. Number</b>	<b>Date</b>	<b>Title</b>	<b>Awarded by:</b>
<b>1</b>	2003 -2004	The Postgraduate Health Psychology Course Committee of the University of Luton /	Elected Student course Representative

		Bedfordshire (UK)	
<b>2</b>			
<b>3</b>			
<b>4</b>			
<b>5</b>			

<b><i>Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)</i></b>			
<b>Ref. Number</b>	<b>Date</b>	<b>Title</b>	<b>Key Activities:</b>
<b>1</b>	2012 – today	Registered Clinical Psychologist in Cyprus #234	
<b>2</b>	2024 - today	European Certificate in Psychology (EuroPsy). Field of practice: Clinical and Health	
<b>3</b>	2022	Psychodermatology Advanced Course. Diploma Level 2 Part 2.	Conducted by ESDaP - European Society for Dermatology and Psychiatry- Brussels
<b>4</b>	2021	Psychodermatology Advanced Course. Diploma Level 2 Part 1.	Conducted by ESDaP - European Society for Dermatology and Psychiatry- Brussels
<b>5</b>	2021	Clinical supervision in Psychodermatology	Conducted by ESDaP - European Society for Dermatology and Psychiatry- Brussels
<b>6</b>	2020	Psychodermatology Advanced Course: Diploma Level 1	Conducted by ESDaP - European Society for Dermatology and Psychiatry - Brussels
<b>7</b>	2019	Psychodermatology Basic Course	Conducted by ESDaP - European Society for Dermatology and Psychiatry- Brussels
<b>8</b>	2015 - 2016	Clinical group supervision based on the principles of Psychodynamic, Client-centered and Cognitive Behavioural Psychotherapy	Child Psychiatric Clinic - Counseling and Liaison Service, Mental Health Services for Children and Adolescents, Archbishop Makarios III Hospital, Nicosia, Cyprus
<b>9</b>	2012 - 2014	Clinical group supervision	Psychiatric Clinic of Limassol General Hospital, Mental Health Services, Cyprus
<b>10</b>	2010 -	Clinical practicums	Moscow Kozhevnikov Nervous Diseases Clinic, Moscow

	2012		Children's Psychiatric Hospital № 6, Moscow Psychiatric Hospital № 4, Institute of Normal Physiology of Russian Academy of Medical Sciences, Center of International Education of Lomonosov Moscow State University, Department of Neuropsychology and Psychopathology
<b>11</b>	2006 - 2009	Clinical supervision based on the principles of Systemic Psychotherapeutic Approach	Center of Individual and Family Psychotherapy, Mental Health Services, Nicosia, Cyprus