



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	THEODORATOU
Name:	MARIA
Rank/Position:	ADJUNCT LECTURER
Faculty:	Social Sciences, Arts and Humanities
Department:	Psychology
Scientific Domain: *	CLINICAL PSYCHOLOGY

** Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
Ph.D	2003	National and Kapodistrian University of Athens	Early Childhood Education and Care	Psychological Maturity and Management Strategies
D.E.S.S. Clinical Psychology & Psychopathology	1992	University of Provence (Aix Marseille I), France	Psychology	Dépression et Psychose
Maitrise Psychology	1991	University of Provence (Aix-Marseille I), France	Psychology	Emergence du désir de connaître chez des adolescents en I.M.Pro
Bachelor Psychology	1990	National and Kapodistrian University of Athens	Philosophy	Adolescence and Suicidal Risks

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
2018	present	Neapolis University Pafos	Cyprus	Collaborating Academic Staff (MA

				Educational Psychology)
2017	present	Hellenic Open University	Patras, Greece	Collaborating Academic Staff (MA Gerontology & MA Health Unit Management)
2019	2020	University of Patras	Patras, Greece	Academic Fellow (Social Work with Family)
1994	2019	Technological Educational Institute	Patras, Greece	Adjunct Lecturer

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	"Evaluating post-traumatic growth among healthcare workers"	Puri, Basant K; Potapgali, Anastasia; Kalaitzaki, Argyroula; Votsidi, Vasiliki	AIMS Public Health	12	1, 202
2	2024	"Neuropsychological insights into coping strategies: integrating theory and practice in clinical and therapeutic contexts"	Theodoratou, Maria; Argirides, Marios	Psychiatry International	5	1, 53-72
3	2024	"Brief coping scale TCS-9: Optimising the assessment of coping strategies. The case of health care workers"	Puri, Basant K; Mian, Anastasia; Theodoratou, Maria	Health Psychology Research	12	94942
4	2025	"Obesity, Sleep Quality, and Emotional Intelligence in School-Aged Children: Behavioral Associations and Implications"	Ferentinou, Eftychia; Koutelekos, Ioannis; Evangelou, Eleni; Zartaloudi, Afroditi; Theodoratou, Maria; Dafogianni, Chrysoula	Psychiatry International	-	-

5	2025	"Evaluating post-traumatic growth among healthcare workers"	Puri, Basant K; Potapgali, Anastasia; Kalaitzaki, Argyroula; Votsidi, Vasiliki	AIMS Public Health	12	1, 202
6	2023	Predictors of poor psychological functioning of healthcare workers during COVID-19	Puri BK, Miari A	Health Psychol Res		
7	2023	Neuropsychological Consequences of Massive Trauma	Kougioumtzis et al.	Medicina		
8	2023	Gain from pain: vicarious posttraumatic growth during COVID-19	Kalaitzaki et al.	Int. J. Stress Management		
9	2023	Emotion-focused coping, social support and active coping among university students	Farmakopoulou et al.	J Psychol Clin Psychiatry		
10	2023	Executive Functions and Quality of Life in Neurodevelopmental Spectrum	Gkintoni et al.	Technium Social Sciences J		

<i>Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)</i>					
Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1	2024	The Relationship Between Problematic Internet Use (PIU) and Psychological Distress	International	<i>32nd European Psychiatric Congress, Budapest</i>	Presenting Author
2	2023	Clinical Neuropsychological Aspects and Interventions for ASD, ADHD and Gaming Addiction	International	<i>virtual</i>	Presenting Author
3	2023	Coping strategies of health care workers during COVID-19	International	EPA Congress	Presenting Author
4	2022	Secondary Traumatic Stress and Vicarious Posttraumatic Growth during COVID-19 lockdowns	International	virtual	Presenting Author
5	2021	Coping Strategies Of Medical And Nursing Staff In Attica	International	21st World Congress of Psychiatry	Presenting Author

--	--	--	--	--	--

**Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*
1	2023-2025	Neuropsychological Interventions and Assessments	C.A.R.,Cambridge,U.K.	Member of the team
2				
3				
4				
5				

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	TEI Western Greece	TEI of Western Greece	Member of the committee for diploma thesis	Assignment of diploma thesis
2				
3				
4				
5				

Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.

<i>(max total 10) (Optional Entry)</i>			
Ref. Number	Date	Title	Awarded by:
1	2015	Silver Medal (due to teaching volunteer social workers)	Hellenic Red Cross
2	2017	Award as a psychologist	Panhellenic Anti-Deaf Organization
3			
4			
5			

<i>Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)</i>			
Ref. Number	Date	Title	Key Activities:
1			
2			
3			
4			
5			